



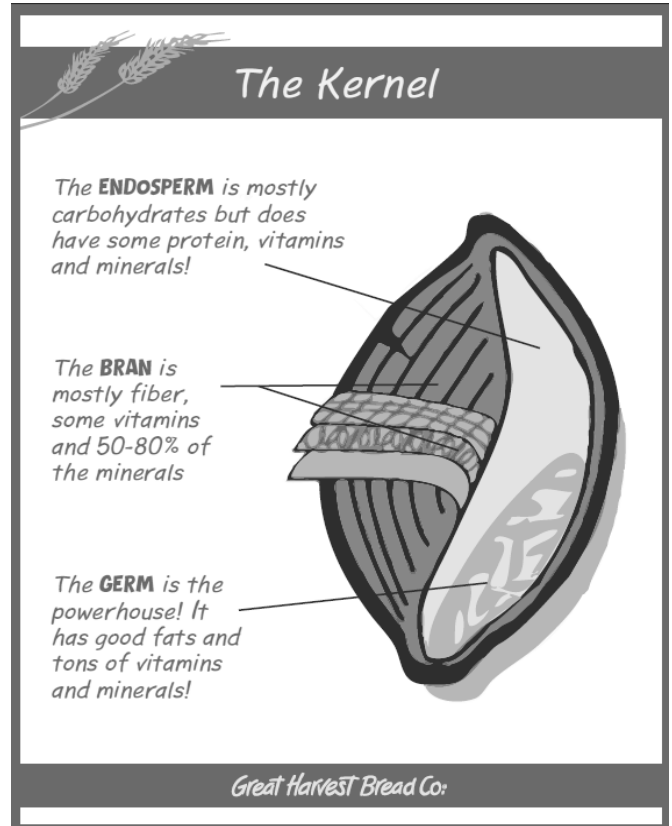
Downtown
 339 Court Street NE
 Salem, OR 97301
 503-363-4697
Hours:
 Mon - Fri 6:30 am - 6 pm
 Sat 8 am - 5 pm
 Closed Sunday

South
 3405 Commercial Street SE
 Salem, OR 97302
 503-363-3215
Hours:
 Mon - Fri 6:30 am - 6 pm
 Sat 7 am - 5 pm
 Sunday 9 am - 3 pm

West
 525 Taggart Dr. NW
 Salem, OR 97304
 503-363-7555
Hours:
 Mon - Fri 6:30 am - 6 pm
 Sat 7 am - 5 pm
 Sunday 9 am - 3 pm

What is in our bread?

Our fresh ground whole wheat flour retains all the protein, fiber, vitamins, minerals, antioxidants, and phytochemicals that are naturally found in the whole wheat kernel. We don't remove anything. There is no additional processing to the fresh flour after it is ground on-site at our Salem Bakery.



100% Whole Grain Breads Baked Daily

Honey Whole Wheat - Made with only Whole Wheat Flour, Water, Honey, Yeast, and Salt

Dakota - Whole Wheat Flour, Water, Honey, Pumpkin Seeds, Sunflower Seed, Millet Grain, Yeast and Salt

Superfood! - Whole Wheat Flour, Water, Honey, Quinoa, Oat Bran, Flax Meal, Flax Seed, Chia Seed, Olive Oil, Yeast, and Salt

September Baking Schedule

Other Breads Baked Daily

Cinnamon Chip - An all-time favorite bread no matter how you slice it! Enjoy the sweet goodness of cinnamon chips in every bite. Makes a heavenly French toast.

Apple Crunch - Apples, cinnamon, and brown sugar mixed with white flour. It's awesome toasted with butter, topped with peanut butter for lunch, or straight out of the bag for an after school snack.

Harvest White - The heavenly smell and fresh out-of-the-oven taste of this old-fashioned loaf will make you want to eat it on the drive home! Makes the perfect peanut butter & jelly or grilled cheese sammy.

Monkey Bread - Our famous Cinnamon Chip bread dough dipped in butter and rolled in Cinnamon & Brown sugar....does it get any better??!

Specialty Breads

3-Cheese Garlic - Mon, Tue, Wed, Thu, Sat

Sourdough - Tue, Wed, Thu, Fri, Sat

Popeye Bread - Monday

Cranberry Walnut Sourdough - Tuesday

Mediterranean Sourdough - Wednesday

Jalapeño Cheddar Sourdough - Thursday

Special Bake!(see back) - Thursday

3-Cheese Garlic Sourdough - Friday

Challah - Friday

Caramel Pecan Pull-Aparts - Friday

Bacon Cheddar Chive Sourdough - Saturday

Caramel Apple Swirl - Saturday

Please note: Breads are out of the oven between 8:30 am and 11:00 on the day listed...a little earlier @ South location
 Breads must be completely cool before putting in plastic bag...stone-cold or colder, if in doubt LEAVE IT OUT!

Bread Prices

Sourdough.....6.50	Dakota.....7.95	Cranberry Walnut Sourdough.....7.95
Honey Wheat.....6.95	Superfood!.....7.95	Mediterranean Sourdough.....8.95
Harvest White.....6.95	Apple Crunch.....8.50	3-Cheese Garlic Sourdough.....8.95
Cinnamon Chip.....7.75	3-Cheese Garlic.....8.50	Jalapeño Cheddar Sourdough.....8.95
Popeye Bread.....7.95	Monkey Bread.....8.75	Bacon Cheddar Chive Sourdough..8.95
Challah.....7.95	Caramel Pecan Pull-Aparts.....8.95	Pumpkin Chocolate Cake Bread...9.95
	Caramel Apple Swirl.....8.95	

Our sandwiches are made to order with premium ingredients on
FRESHLY BAKED GREAT HARVEST BREAD!

Lunch is served 10 am - 3 pm

(see full menu at store or at www.greatharvestsalem.com)

Sandwiches

Back to School Feature

Great Harvest Classic Turkey

Oven Roasted Turkey with Provolone Cheese, Real Mayonaise, Roma Tomato, and Romaine lettuce.

Served on our whole wheat Honey Wheat Bread

Hot Monthly Special

Brunchwich

Hot Egg, Bacon, and Cheddar Cheese served on our toasted whole wheat **Dakota Bread** with garlic herb spread.

Sweets!

Scones

We bake 'drop' scones...moister and lighter than traditional scones...and better tasting!
3.00 ea. 16.75 1/2 doz. 30.00 doz

Marionberry - Daily

Whole Grain Fruit & Nut - Mon - Sat

Blueberry Almond - Tue, Sun

Raspberry Lemon Poppyseed - Mon, Wed, Sat

Pumpkin Hazelnut - Thu

Blueberry Cream Cheese - Fri

Cookies

Grade-AA butter, top-quality vanilla and fresh-cracked eggs make 'em great!
2.35 ea. 12.75 6-pack

Chocolate Chip* (No Nuts!) - Daily

Monster - Daily

Chocolate Chip Walnut* - Daily

Salted Caramel Chocolate Chip*- Daily

Molasses Ginger Cookie - Thu, Sat

*cookies made with **Whole Wheat**

September Features Pumpkin Bars & Other Goodies

Fruit Bars, Cinnamon Rolls, Shortbread Cookies,

Salted Caramel Chocolate Chip Brownie, Butter Toffee Chocolate Chip Brownie, Cookies & Cream Brownie, Vanilla Cinnamon Bread Pudding Bar, Biscotti, Granola, Breadsticks, Trek Bars & more!

Muffins

3.00 ea. 16.95 1/2 doz. 30.00 doz.

Chocolate Chip Cappuccino - Daily

A shot of espresso with chocolate and chocolate chips, smells irresistible and tastes even better!

Superfood - Daily

made with egg whites and less sugar
100% Wheat Flour, Apples, Carrots, Chia Seeds, Pineapple, Pumpkin Seeds, Sunflower Seeds, Oat Bran & Olive Oil

Ultra Healthy Muffins - NO eggs, oils or dairy products & very little sugar...0-3 grams of fat!

Blueberry Lemon- Mon, Thu
Marionberry - Tue, Fri, Sun
3 - Berry - Wed, Sat

Paleo Muffins - 100% Gluten-Free ingredients*

made with almond flour.
(*contains trace amounts of wheat flour)
3.95 ea. 22.00 1/2 doz.

Marionberry - Mon, Thu
Raspberry Lemon Poppyseed - Tue, Fri
Blueberry Lemon - Wed, Sat, Sun

Thursday Special Bakes:

9/7 Breakfast Blast \$9.95
Whole wheat flour, cinnamon chips, dates, honey, and ground cinnamon.

9/14 Cinnamon Raisin Walnut \$9.95
Whole wheat flour, cinnamon, juicy raisins, and walnuts.

9/21 Spelt \$9.95
100% whole grain spelt flour, FRESHLY stone-milled

9/28 Pumpkin Swirl \$9.95
Made with real pumpkin and fall spices, swirled with a delicious filling of brown sugar, butter, spices and walnuts.

WE PROUDLY BREW



Everything purchased at Great Harvest is guaranteed to be 100% satisfactory or we will cheerfully replace it or give you a full refund.
At Great Harvest Bread Company, we value our customers and we aim to please!
Thank you for choosing Great Harvest!

www.GreatHarvestSalem.com

