



Downtown
 339 Court Street NE
 Salem, OR 97301
 503-363-4697
Hours:
 Mon - Fri 6:30am - 6pm
 Saturday 8am - 5pm
 Closed Sunday

South
 3405 Commercial Street SE
 Salem, OR 97302
 503-363-3215
Hours:
 Mon - Fri 6:30am - 6pm
 Saturday 7am - 5pm
 Sunday 9am - 3pm

West
 525 Taggart Dr. NW
 Salem, OR 97304
 503-363-7555
Hours:
 Mon - Fri 6:30am - 6pm
 Saturday 7am - 5pm
 Sunday 9am - 3pm

January Baking Schedule

Our whole-wheat breads are the cornerstone of our business...in fact, we believe ours are the best on planet earth! We start with the world's best bread-baking wheat: hard-red spring wheat from north-central Montana. We stone-grind this wheat into fresh flour every morning, right in the bakery. This freshly-ground flour is at its peak for freshness, flavor and nutrition when it goes into our whole-wheat breads. We combine it with other simple all-natural ingredients - never using preservatives of any type or artificial ingredients. Our best-selling Honey Wheat has just 5 ingredients: 100% freshly-ground whole wheat flour, filtered water, honey, yeast and sea salt...that's it! Our whole-wheat breads are naturally low in fat and high in nutrition, so they not only taste great, they're also great for you! So when we say we bake the world's best whole-wheat bread, we're serious and we're willing to back it up... step up to our breadboard for a **FREE** slice and see if you don't agree!

MONDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 Monkey Bread
 Popeye Bread

TUESDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 3-Cheese Garlic
 Monkey Bread
 Sourdough
 Mediterranean Sourdough

WEDNESDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 Popeye
 Monkey Bread
 Sourdough
 Cranberry Hazelnut Sourdough

THURSDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 3-Cheese Garlic
 Monkey Bread
 Sourdough
 Bacon Cheddar Chive Sourdough
Special Bake! (see back)

FRIDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 Monkey Bread
 Challah
 Sourdough
 3-Cheese Garlic Sourdough
 Caramel Pecan Pull-Aparts

SATURDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 3-Cheese Garlic
 Monkey Bread
 Sourdough
 Mediterranean Sourdough
 Cinnamon Swirl

Please note: Breads are out of the oven between 8:30 am and 11:00 on the day listed...a little earlier @ South location. Bread must be completely cool before putting in plastic bag...if in doubt LEAVE IT OUT!

100% Whole Wheat Bread is our Specialty! (and the world's best!)

Bread Prices

| | | |
|------------------------|------------------------------------|---------------------------------------|
| Sourdough.....6.50 | Dakota.....7.95 | Cinnamon Swirl.....8.95 |
| Honey Wheat.....6.95 | Superfood!.....7.95 | 3-Cheese Garlic Sourdough.....8.95 |
| Harvest White.....6.95 | Apple Crunch.....8.50 | Mediterranean Sourdough.....8.95 |
| Cinnamon Chip.....7.75 | 3-Cheese Garlic.....8.50 | Cranberry Hazelnut Sourdough.....8.95 |
| Popeye Bread.....7.95 | Monkey Bread.....8.75 | Bacon Cheddar Chive Sourdough.. 8.95 |
| Challah.....7.95 | Caramel Pecan Pull-Aparts.....8.95 | Cake Breads.....9.95 |

Sweets!

Scones (3 Varieties Daily)

We bake 'drop' scones...moister and lighter than traditional scones...and better tasting!
3.00 ea. 16.95 1/2 doz. 30.00 doz

- Marionberry - Daily
- Whole Grain Fruit & Nut - Daily
- Apple Cinnamon Chip - Mon
- Blueberry Almond - Tue
- Raspberry Lemon Poppysseed - Wed
- Chocolate Hazelnut Oat - Thu
- Currant Hazelnut Oat - Thu
- Pumpkin Chocolate - Fri, Sun
- Pumpkin Cream Cheese - Sat

Cookies (5 Varieties Daily)

Grade-AA butter, top-quality vanilla and fresh-cracked eggs make 'em great!
2.35 ea. 12.75 6-pack

- Chocolate Chip Walnut - Daily
- Chocolate Chip (No Nuts!) - Daily
- Monster - Daily
- Salted Caramel Chocolate Chip - Daily
- Oatmeal Scotchies - Mon, Wed, Fri
- Snickerdoodles - Tue, Thu, Sat

Other Stuff

- Bars** - 3.00 ea.
Pumpkin Bars, Fruit Bars - Daily
- Cinnamon Rolls** - 3.50/3.75
...plus Shortbread, Biscotti, Granola, Breadsticks, Trek Bars & more!

Muffins (4 Varieties Daily)

3.00 ea. 16.95 1/2 doz. 30.00 doz.

Reduced - Fat Muffins - 100% Whole Wheat made with canola oil, egg whites, less sugar

Superfood - Daily
Apples, Carrots, Chia Seeds, Pineapple, Pumpkin Seeds, Sunflower Seeds, Oat Bran & Olive Oil

Raspberry Lemon Yogurt - Daily
Oregon berries and fresh lemons with a little tanginess from the yogurt.

Ultra Healthy Muffins - 100% Whole Wheat made with NO eggs, oils or dairy products & very little sugar...0-3 grams of fat!

- Apple Berry - Mon, Thu
- Marionberry - Tue, Fri, Sun
- 3-Berry - Wed, Sat

Paleo Muffins - 100% Gluten-Free Ingredient ingredients* made with almond flour (*contains trace amounts of wheat flour)
3.95 ea. 22.00 1/2 doz.

- Marionberry - Mon, Thu
- Pumpkin Chocolate - Tue, Fri, Sun
- Cranapple - Wed, Sat

Sandwiches

Our sandwiches are made to order with premium ingredients on **FRESHLY BAKED GREAT HARVEST BREAD!**
Lunch is served 10 am - 3 pm

January Features

Thursday Special Bakes!

- 1/4 Peanut Butter & Chocolate \$8.95
- 1/11 Italian Monkey Bread \$8.95
- 1/18 Spelt \$9.95
- 1/25 Breakfast Blast! \$8.95

Eat Right at Great Harvest!

Our specialty is **100% WHOLE WHEAT BREAD** made with 100% whole wheat flour that's stone milled **fresh**, right in the bakery! These breads are rich in nutrition & fiber and are **LOW-TO-NO FAT!!**

Monthly Sandwich Specials:

Italiano

Salami, ham, provolone, olive tapenade, pickled red onions, Romaine lettuce, Roma tomatoes, & our own red wine Dijon vinaigrette.

Served on Harvest White Bread

Cubano

Turkey, ham & Swiss, Dijon mustard, pickles, & pickled red onion

Toasted on Harvest White Bread

WE PROUDLY BREW PEETS COFFEE!



Everything purchased at Great Harvest is guaranteed to be 100% satisfactory or we will cheerfully replace it or give you a full refund.
At Great Harvest Bread Company, we value our customers and we aim to please!
Thank you for choosing Great Harvest!

Check out our website! www.GreatHarvestSalem.com

Follow us on Facebook and Twitter!