



Downtown
 339 Court Street NE
 Salem, OR 97301
 503-363-4697
Hours:
 Mon - Fri 6:30am - 6pm
 Saturday 8am - 5pm
 Closed Sunday

South
 3405 Commercial Street SE
 Salem, OR 97302
 503-363-3215
Hours:
 Mon - Fri 6:30am - 6pm
 Saturday 7am - 5pm
 Sunday 9am - 3pm

West
 525 Taggart Dr. NW
 Salem, OR 97304
 503-363-7555
Hours:
 Mon - Fri 6:30am - 6pm
 Saturday 7am - 5pm
 Sunday 9am - 3pm

February Baking Schedule

Our whole-wheat breads are the cornerstone of our business...in fact, we believe ours are the best on planet earth! We start with the world's best bread-baking wheat: hard-red spring wheat from north-central Montana. We stone-grind this wheat into fresh flour every morning, right in the bakery. This freshly-ground flour is at its peak for freshness, flavor and nutrition when it goes into our whole-wheat breads. We combine it with other simple all-natural ingredients - never using preservatives of any type or artificial ingredients. Our best-selling Honey Wheat has just 5 ingredients: 100% freshly-ground whole wheat flour, filtered water, honey, yeast and sea salt...that's it! Our whole-wheat breads are naturally low in fat and high in nutrition, so they not only taste great, they're also great for you! So when we say we bake the world's best whole-wheat bread, we're serious and we're willing to back it up... step up to our breadboard for a **FREE** slice and see if you don't agree!

MONDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 Monkey Bread
 Popeye Bread

TUESDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 3-Cheese Garlic
 Monkey Bread
 Sourdough
 Mediterranean Sourdough
 Chocolate Cherry Swirl

WEDNESDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 Popeye
 Monkey Bread
 Sourdough
 Cranberry Hazelnut Sourdough

THURSDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 3-Cheese Garlic
 Monkey Bread
 Sourdough
 Bacon Cheddar Chive Sourdough
Special Bake! (see back)

FRIDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 Monkey Bread
 Challah
 Sourdough
 3-Cheese Garlic Sourdough
 Caramel Pecan Pull-Aparts
 Chocolate Cherry Swirl

SATURDAY

100% Whole Grain Breads:

Honey Wheat
 Dakota
 Superfood!

Other Varieties:

Cinnamon Chip
 Harvest White
 Apple Crunch
 3-Cheese Garlic
 Monkey Bread
 Sourdough
 Mediterranean Sourdough
 Chocolate Cherry Swirl

Please note: Breads are out of the oven between 8:30 am and 11:00 on the day listed...a little earlier @ South location. Bread must be completely cool before putting in plastic bag...if in doubt LEAVE IT OUT!

Valentine's Favorites Baked Mon 2/12, Tue 2/13, & Wed 2/14 (see back for details)

Bread Prices

Sourdough.....6.50	Dakota.....7.95	Chocolate Hazelnut Swirl.....8.95
Honey Wheat.....6.95	Superfood!.....7.95	3-Cheese Garlic Sourdough.....8.95
Harvest White.....6.95	Apple Crunch.....8.50	Mediterranean Sourdough.....8.95
Cinnamon Chip.....7.75	3-Cheese Garlic.....8.50	Cranberry Hazelnut Sourdough.....8.95
Popeye Bread.....7.95	Monkey Bread.....8.75	Bacon Cheddar Chive Sourdough..8.95
Challah.....7.95	Caramel Pecan Pull-Aparts.....8.95	Chocolate Cherry Swirl.....10.95

Sweets!

Scones

We bake 'drop' scones...moister and lighter than traditional scones...and better tasting!
3.00 ea. 16.95 1/2 doz. 30.00 doz

- Marionberry - Daily
- Whole Grain Fruit & Nut - Daily
- Apple Cinnamon Chip - Mon
- Blueberry Almond - Tue
- Raspberry Lemon Poppysseed -Wed, Sat
- Chocolate Hazelnut Oat - Thu
- Currant Hazelnut Oat - Thu
- Raspberry Chocolate - Fri, Sun

Cookies

Grade-AA butter, top-quality vanilla and fresh-cracked eggs make 'em great!
2.35 ea. 12.75 6-pack

- Chocolate Chip Walnut - Daily
- Chocolate Chip (No Nuts!) - Daily
- Monster - Daily
- Salted Caramel Chocolate Chip - Daily
- Double Chocolate Coconut- Mon, Wed, Fri

Other Stuff

- Bars** - 3.00 ea.
- Pumpkin Bars, Fruit Bars - Daily
- Cinnamon Rolls** - 3.50/3.75
- ...plus Shortbread, Biscotti, Granola, Breadsticks, Trek Bars & more!

Muffins (4 Varieties Daily)

3.00 ea. 16.95 1/2 doz. 30.00 doz.

Reduced - Fat Muffins - 100% Whole Wheat made with canola oil, egg whites, less sugar

Superfood - Daily
Apples, Carrots, Chia Seeds, Pineapple, Pumpkin Seeds, Sunflower Seeds, Oat Bran & Olive Oil

Raspberry Lemon Yogurt - Daily
Oregon berries and fresh lemons with a little tanginess from the yogurt.

Ultra Healthy Muffins - 100% Whole Wheat made with NO eggs, oils or dairy products & very little sugar...0-3 grams of fat!

- Apple Berry - Mon, Thu
- Marionberry - Tue, Fri, Sun
- 3-Berry - Wed, Sat

Paleo Muffins - 100% Gluten-Free Ingredient ingredients* made with almond flour (*may contain trace amounts of wheat flour)
3.95 ea. 22.00 1/2 doz.

- Marionberry - Mon, Thu
- Raspberry Chocolate - Tue, Fri, Sun
- Cranapple - Wed, Sat

Monthly Sandwich Specials:

Classic Roast Beef

Roast Beef, Cheddar, Provolone, or Swiss Cheese, Mayo, Dijon Mustard, Shaved Red Onion, Tomato, and Lettuce
Served on Honey Wheat Bread

Gourmet Grilled Ham and Swiss

Sliced ham, melted Swiss cheese, dill pickles, Dijon mustard and apricot jam grilled on our
Harvest White Bread with a shmear of Parmesan butter.

Valentine's Specials

**Chocolate Favorites Baked
Mon 2/12, Tue 2/13,
& Wed 2/14**

- Raspberry Chocolate Scone
- Double Chocolate Coconut Cookies
- Raspberry Chocolate Paleo Muffin
- Chocolate Cherry Swirl Bread
- Valentine's Frosted Sugar Cookies

Great Harvest Gifts

Choose from one of our prepackage gifts or build your own unique gift packaged in a basket or a gift bag.

Thursday Special Bakes!

- 2/1 Jalapeño Bacon
Cheddar Monkey Bread \$9.95
- 2/8 Kalamata Feta Hummus \$9.95
- 2/15 Spelt \$9.95
- 2/22 Pizza Bread \$10.95

**WE PROUDLY BREW
PEETS COFFEE!**



Everything purchased at Great Harvest is guaranteed to be 100% satisfactory or we will cheerfully replace it or give you a full refund.
At Great Harvest Bread Company, we value our customers and we aim to please!
Thank you for choosing Great Harvest!

Check out our website! www.GreatHarvestSalem.com

Follow us on Facebook and Twitter!