



**Downtown**  
 339 Court Street NE  
 Salem, OR 97301  
 503-363-4697  
Hours:  
 Mon - Fri 6:30 am - 6 pm  
 Sat 8 am - 5 pm  
 Closed Sunday

**South**  
 3405 Commercial Street SE  
 Salem, OR 97302  
 503-363-3215  
Hours:  
 Mon - Fri 6:30 am - 6 pm  
 Sat 7 am - 5 pm  
 Sunday 9 am - 3 pm

**West**  
 525 Taggart Dr. NW  
 Salem, OR 97304  
 503-363-7555  
Hours:  
 Mon - Fri 6:30 am - 6 pm  
 Sat 7 am - 5 pm  
 Sunday 9 am - 3 pm

## August Baking Schedule

Our whole-wheat breads are the cornerstone of our business...in fact, we believe ours are the best on planet earth! We start with the world's best bread-baking wheat: hard-red spring wheat from north-central Montana. We stone-grind this wheat into fresh flour every morning, right in the bakery. This freshly-ground flour is at its peak for freshness, flavor and nutrition when it goes into our whole-wheat breads. We combine it with other simple all-natural ingredients - never using preservatives of any type or artificial ingredients. Our best-selling Honey Wheat has just 5 ingredients: 100% freshly-ground whole wheat flour, filtered water, honey, yeast and sea salt...that's it! Our whole-wheat breads are naturally low in fat and high in nutrition, so they not only taste great, they're also great for you! So when we say we bake the world's best whole-wheat bread, we're serious and we're willing to back it up... step up to our breadboard for a **FREE** slice and see if you don't agree!

### MONDAY

**100% Whole Grain Breads:**

Honey Wheat  
 Dakota  
 Superfood!

**Other Varieties:**

Cinnamon Chip  
 Harvest White  
 Apple Crunch  
 3-Cheese Garlic  
 Monkey Bread  
 Popeye Bread

### TUESDAY

**100% Whole Grain Breads:**

Honey Wheat  
 Dakota  
 Superfood!

**Other Varieties:**

Cinnamon Chip  
 Harvest White  
 Apple Crunch  
 3-cheese Garlic  
 Monkey Bread  
 Sourdough  
 Asiago Roasted Garlic Sourdough

### WEDNESDAY

**100% Whole Grain Breads:**

Honey Wheat  
 Dakota  
 Superfood!

**Other Varieties:**

Cinnamon Chip  
 Harvest White  
 Apple Crunch  
 3-Cheese Garlic  
 Monkey Bread  
 Sourdough  
 Mediterranean Sourdough

### THURSDAY

**100% Whole Grain Breads:**

Honey Wheat  
 Dakota  
 Superfood!

**Other Varieties:**

Cinnamon Chip  
 Harvest White  
 Apple Crunch  
 3-Cheese Garlic  
 Monkey Bread  
 Sourdough  
 Jalapeño Cheddar Sourdough  
**Special Bake! (see back)**

### FRIDAY

**100% Whole Grain Breads:**

Honey Wheat  
 Dakota  
 Superfood!

**Other Varieties:**

Cinnamon Chip  
 Harvest White  
 Apple Crunch  
 Monkey Bread  
 Sourdough  
 3-Cheese Garlic Sourdough  
 Challah  
 Caramel Pecan Pull-Aparts  
**Burger Buns**

### SATURDAY

**100% Whole Grain Breads:**

Honey Wheat  
 Dakota  
 Superfood!

**Other Varieties:**

Cinnamon Chip  
 Harvest White  
 Apple Crunch  
 3-Cheese Garlic  
 Monkey Bread  
 Sourdough  
 Bacon Cheddar Chive Sourdough  
**Burger Buns**

**Please note:** Breads are out of the oven between 8:30 am and 11:00 on the day listed...a little earlier @ South location  
 Breads must be completely cool before putting in plastic bag...stone-cold or colder, if in doubt LEAVE IT OUT!

**Don't Miss Our Burger Buns Every Friday and Saturday All Summer Long**

# Bread Prices

Sourdough.....6.50	Dakota.....7.95	Mediterranean Sourdough.....8.95
Honey Wheat.....6.95	Superfood!.....7.95	Asiago Roasted Garlic Sourdough..8.95
Harvest White.....6.95	Apple Crunch.....8.50	3-Cheese Garlic Sourdough.....8.95
Cinnamon Chip.....7.75	3-Cheese Garlic.....8.50	Jalapeño Cheddar Sourdough.....8.95
Popeye Bread.....7.95	Monkey Bread.....8.75	Bacon Cheddar Chive Sourdough..8.95
Challah.....7.95	Caramel Pecan Pull-Aparts.....8.95	Cake Bread.....9.95

Our sandwiches are made to order with premium ingredients on  
**FRESHLY BAKED GREAT HARVEST BREAD!**

*Lunch is served 10 am - 3 pm*

*(see full menu at store or at [www.greatharvestsalem.com](http://www.greatharvestsalem.com))*

## Sandwiches

### Cold Monthly Special

#### **Avocado Turkey Goddess**

Avocado, parsley, basil, tarragon, scallions, and lemon juice creates the delectable goddess dressing drizzled atop turkey breast and creamy Havarti cheese Served on **Dakota Bread**

### Grilled Monthly Special

#### **Apple Bacon Grilled Cheese**

Melted sharp cheddar cheese & provolone, thinly sliced Granny Smith apples, crisp bacon, and sweet and spicy pepper spread on our **Harvest White** bread

## Sweets!

### Scones

We bake 'drop' scones...moister and lighter than traditional scones...and better tasting!  
3.00 ea. 16.75 1/2 doz. 30.00 doz

- Marionberry - Daily
- Whole Grain Fruit & Nut - Daily
- Peach Cinnamon Chip - Mon
- Blueberry Almond - Tue, Sun
- Raspberry Lemon Poppyseed - Wed, Sat
- Chocolate Hazelnut Oat - Thu
- Currant Hazelnut Oat - Thu
- Blueberry Peach Cream Cheese - Fri

### Cookies (5 Varieties Daily)

Grade-AA butter, top-quality vanilla and fresh-cracked eggs make 'em great!  
2.35 ea. 12.75 6-pack

- Chocolate Chip Walnut - Daily
- Chocolate Chip (No Nuts!) - Daily
- Monster - Daily
- Salted Caramel Chocolate Chip - Daily
- Oatmeal Scotchies - Mon, Wed, Fri
- Snickerdoodles - Tue, Thu, Sat

### Other Great Harvest Goodies

Fruit Bars, Lemon Bars, Cinnamon Rolls, Raspberry Lemon Bars, Shortbread Cookies, Salted Caramel Chocolate Chip Brownie, Butter Toffee Chocolate Chip Brownie, Cookies & Cream Brownie, Vanilla Cinnamon Bread Pudding Bar, Biscotti, Granola, Breadsticks, Trek Bars & more!

### Muffins

3.00 ea. 16.95 1/2 doz. 30.00 doz.

#### **Hummingbird Muffin**- Thu, Fri, Sat

A tropical treat with bananas, pineapple and pecans

#### **Superfood** - Daily

made with egg whites and less sugar  
**100% Wheat Flour**, Apples, Carrots, Chia Seeds, Pineapple, Pumpkin Seeds, Sunflower Seeds, Oat Bran & Olive Oil

#### **Ultra Healthy Muffins** - NO eggs, oils or dairy products & very little sugar...0-3 grams of fat!

- Apple Berry - Mon, Thu
- Marionberry - Tue, Fri, Sun
- Blueberry Peach - Wed, Sat

#### **Paleo Muffins** - 100% Gluten-Free ingredients\*

made with almond flour.  
(\*contains trace amounts of wheat flour)  
3.95 ea. 22.00 1/2 doz.

- Marionberry - Mon, Wed, Fri, Sun
- Raspberry Lemon Poppyseed - Tue, Thu, Sat

### Thursday Special Bakes:

8/3	Peanut Butter Chocolate Chip	\$9.95
8/10	White Chocolate Cherry	\$9.95
8/17	Spelt	\$9.95
8/24	Blueberry Cream Cheese Swirl	\$9.95
8/31	Bacon Cheddar Beer Bread	\$9.95

### Salem Solar Eclipse

We are so excited about the eclipse along with the estimated 1,000,000 additional people expected in Salem over August 18—22. Great Harvest will be providing a special menu for the week of August 14th—21st. Please get your orders in early. All Great Harvest locations will be closed during eclipse (ask store for exact hours) on August 21st to witness for ourselves this rare and amazing occasion. If you have any questions or concerns please contact one of our stores.

#### **Ice Cream Sandwiches...**

Ice cream and Great Harvest cookies...what could be better?  
(see bakeries for current flavors)

#### **WE PROUDLY BREW PEETS COFFEE!**

Peet's Espresso beverages are available at the West Salem store!



Everything purchased at Great Harvest is guaranteed to be 100% satisfactory or we will cheerfully replace it or give you a full refund.  
At Great Harvest Bread Company, we value our customers and we aim to please!  
**Thank you for choosing Great Harvest!**

[www.GreatHarvestSalem.com](http://www.GreatHarvestSalem.com)

